

MARKET BASKET—FLORENCE ROSE FASHIONS—WOMAN'S EXCHANGE—REWARD OF CONCEIT

MRS. WILSON ARRANGES MEALS FOR SUNDAY

And Tells American Housewives How to Prepare Garlic So That It Will Not Be Strong

Prune Kinchen Is Something Unusual in the Way of Puddings for the Small Evening Meal

By MRS. M. A. WILSON

SWISS chard belongs to the beet family. This plant is grown for its succulent leaves. The peculiarity of this plant is that the leaves have a solid rib running along the entire middle of the leaf. The leafy part may be stripped off and cooked as a vegetable green, just like spinach, and the midrib may be cooked and dressed the same as asparagus.

Endive Endive is well known in all markets and is a very desirable salad. It can be served either plain or with French dressing. This plant contains the valuable mineral salts that are vitally necessary to the ordinary worker.

Garlic This plant belongs to the onion tribe, and has to the American public a peculiarly strong flavor and odor due to the fact that the average American housewife knows little or nothing of its true value. To prepare garlic for the American home, the housewife should select a bulb of garlic, peel and then drop each clove into boiling water and let it simmer slowly for 10 minutes. Drain and then place under cold running water for 15 minutes. This removes the fine volatile oil that holds the strong flavor. The addition of a tiny piece of garlic the size of a pinhead adds zest to all meats and vegetables.

Plan the Sunday menu for three meals:

- SUNDAY Breakfast: Steamed Apples, Cereal and Cream, Creamed Codfish on Toast, Coffee. Dinner: Vegetable Soup, Roast Shoulder of Lamb, Mint Sauce, Brown Gravy, Washed Turnips, Parsnips, Cabbage, Cress, Grape Juice, Coffee. Supper: Cold Cuts of Lamb, Cabbage, Potatoes au Gratin, Prunes Kinchen, Tea. Select a small plump shoulder and have the butcher bone and roll. Pack the spaces between the tying with finely chopped onions. Place in a roasting pan and rub with butter. Sprinkle with salt and rub with oil. Bake for one hour and then place in a hot oven for one-half hour, then reduce the heat. Bake 20 minutes to the point from the time you reduce the heat. Use the bones from the shoulder of lamb for vegetable soup.

The Question Corner

- Today's Inquiries: 1. What kind of trimming is dainty and practical for underwear? 2. Describe a thermos bottle that is convenient to carry in a traveling bag. 3. What pretty napkin rings are suitable for children? 4. How can long-necked vases or carafes be cleaned inside? 5. What is the newest extreme fad in novel sheets and pillowcases? 6. In what unusual way is black patent leather used with a white tricot dress?

Yesterday's Answers

- 1. Placing a newspaper on the ice before putting dishes on it will keep them from slipping out of place. 2. Strips of narrow ribbon used to make an evening dress are worn into a narrow voke over the shoulder. 3. If the wheels of a teazagon squeak or creak, rubbing vaseline on the axle and the inside of the hub will stop the noise. 4. If a bride-to-be is an orphan, the wedding invitations should be issued by a married brother and his wife, or the nearest relative or guardian. 5. A pretty and practical bib for a child is a bell-shaped piece of cloth, decorated with flowers, edged with lace and fitted with a set of strings at both top and bottom. 6. Flowers can be embroidered with baby ribbon on dainty Eglon hats to be worn by bridesmaids.

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Please Tell Me What to Do

By CYNTHIA

Follow Parents' Advice

Dear Cynthia: I am a young girl in my late teens. I am considered very pretty by every one. I am jolly, can dance, play, and am noted for my voice. I have many, sunny friends, both boys and girls. I go to high school and will graduate in June. Of course this is where most of my friends are. Now, Cynthia, this is the most important thing in my letter. There is a young man for whom I care very much. I have loved since I met him. He is four years my senior, very nice looking and a perfect gentleman. He wants me to marry him. We love each other and we don't care what any one says or does. We keep steady company (only recently) in our way. He goes around just a bit with other girls and so I do with the boys. We are doing this to throw people off.

My father is very strict and does not allow me to go around with boys at all. Mother knows my friends and likes him very much, but she has to do as father says, so you see it is impossible for me to be married very soon. I asked him to wait for about three years, but he became angry and said I didn't care. Now, he understands I mean, but is still very anxious to marry. His mother and father wish us to be married now, but I don't know what to do. My father would disown me if I marry. Also can any of your readers enlighten me? What shall I do?

TROUBLED VIVIAN

Follow your mother's advice. You are still in your teens. It will be fairly hurt neither you nor the young man to wait until you are of age. Then you will love each other. It will be time enough to oppose your father. It is always well to be sure that father has not a good reason for his opposition.

To Be Popular

Dear Cynthia—Does a girl have to go through high school to be popular with the boys? Does a girl have to be so-called perfect to be liked by most of the young? And does she have to be well-dressed and in expensive clothing? As for the matter of love, I think love is the best, much better than money, but love will not buy every necessary thing. Both are necessary to happiness. I wish the best of luck to those fellows who want to find the so-called old-fashioned girl.

PIGTAILS

As no one is perfect, even scolded, as you express it, it is not necessary to be so, to be liked. An education is not necessary to make one popular, but it is always an asset. A girl should always be well-dressed if possible, but she need not buy expensive materials. Very pretty dainty things may be made at small cost even in these days of the high cost of living.

She's Neutral

Dear Cynthia—Thank you so much for printing my sentiment on your slipper. I admit they are pretty stiff, but they still hold good. And since you were so kind about that first letter I am venturing again. To "Little Doe": Yes, "Little Doe," I'm sorry to say that you are right, girls are cheats. But are they more so than the boys? Well, I'm dubious about that. How about the white lies and misrepresentations the male sex seem so prone to? Ever think about that? And anyhow, whose fault is it that girls don't play fair? Why, from the time they are able to walk they are taught that their sex gives them license which, in a boy, is condemned as weakness. It isn't all the girls' fault, you know; they are born that way. And

The Winter Woods

The winter woods, you say, are bare; yet keener notice take, And mark the leafless branches make. Their leafless branches make. The winter woods are empty—yes; Yet not devoid of life; And surely softude can bias And soothe the pulse of strife. The winter woods are chill, you claim; Yet fuel here is found To feed the fire whose genial flame We love to gather round. Ah, man's a happy thought may throng Mid winter woods, dear friend; And quiet peace and grateful song. As through their depths we wend.—Philip B. Strong, in People's Home Journal.

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The Latest in Gloves

A Daily Fashion Talk by Florence Rose



Do you like them long or flaring, gauntlets or with cape wrists? Those styles are all good now, and can be worn either with a long, close-fitting sleeve or with the elbow sleeve that so many of the new frocks have

AMERICAN women are asking themselves and each other: What sort of gloves shall I wear with the new short sleeves? It is a question that they are asking the women at the glove counters, and the problem how women are going to answer this question is one that is giving the glove dealers some concern.

The French women simply ignored the alternative of wearing long gloves altogether and with perfect equanimity sallied forth with sleeves that reached a point above the elbows and gloves that just passed the wrist. Usually, of course, they wore some wrap with this combination, a cape or scarf, that covered a part of the arm space between glove and sleeve termination.

Note that the short sleeves have been accepted here at last we face this question of gloves, but there is little chance that we will solve it as most French women did. It may be that our arms are not so shapely and it may simply be that we are too conservative to go bare-armed. To my mind the style of leaving just the portion of arm between wrist and short sleeve termination here is not an attractive one. A glove that is even slightly longer helps matters and un-

another thing, is it all moral character that makes the boys play fair or isn't there just a little stamina in the fact that if they don't the other boys will "beat them up"?

Your other point hit a weakness to which the feminine sex will always give if it costs life and lampposts. If pointed shoes and spindle heels are the style how few are the women whose faces are not contorted with pain at the end of a hard day's shopping? Be-cause rats are the style they must sacrifice a whole wealth of hair on fashion's altar; but how about the time when men wore stiffs and laces and choking cravats and velvet brocades and high heels and powdered wigs and rosettes and beauty marks? It's not so very long ago, you see.

And now that men have seen the error of their ways they turn and point derisive fingers at women. Well, forget the days of the bonnetage. What women are doing now is a proof that the cords are breaking. Look at your sensible heels, comfortable, loose dresses, etc. The fashions are much saner and certainly less eccentric than ever before; but these changes must take time, during which the men may have the comfort of knowing that for once they've gotten ahead of the women.

In the meanwhile beware of undue criticism lest some one remind you that your grandfather had a very choice vocabulary for when trying to make a twenty-six-inch jerkin fit a thirty-six waist.

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The Woman's Exchange

About Two Englishmen

Dear Madam—Will you kindly let me know through your column who is poet laureate of England at the present time? Also is the statement that Alfred Noyes is now teaching at Princeton University correct? E. R. B. Robert Bridges is now poet laureate of England. And it is true that Alfred Noyes is a professor at Princeton.

A Jet-Black Kitty

Dear Madam—Our family was complete including an excitable Irish terrier pup, when there arrived at our back door the blackest of black kittens, begging to be taken in for the winter. Of course she lives in the cellar, until "Tine" goes to bed, which is not good for a well-bred kitten, for the puppy will tease it. If there be a family wanting a Kitty, whose name is "Stumpy," please call up Spruce 4888 between 12 and 3 o'clock. It has a manx tail, short legs and magnificent jet-black coat, and is in perfect health. Of course it must have a good home, as it trusted us to care for it. But we must have time to put "Stumpy" in a basket before her new mistress calls for her.

To Daily Reader

I am unable to tell you how to get in touch with Mrs. E. It would not be possible for me to give you her address, even if I had it, if you wanted to buy theshawl, for any transaction of that kind would have to be conducted through the regular advertising columns. The Woman's Exchange is at all times glad to arrange a gift or an exchange of gifts, but it does not advertise articles that are for sale or any thing of that kind. If you insert an advertisement in the regular advertising columns I have no doubt that you could find Mrs. E. and arrange to see the shawl.

Gloves Are Better

Dear Madam—I am a steady reader of your column and would appreciate it very much if you could tell whether it is proper for a bridesmaid who is wearing a dress with short sleeves to wear long gloves or none at all. E. G. M. For a number of years it has been considered better form to go without gloves, but now the gloves are coming into style and use again. Of course, the bride decides whether her bridesmaids should wear gloves or not, but it would be in better style to wear them for the church ceremony at least.

Ask For Horlick's

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HE WAS SO SURE OF HIMSELF THAT HE WAS NOT CAREFUL

And Instead of Impressing Every One With His Cleverness He Amused Them With His Clumsy Awkwardness and Made Himself Unhappy

THE confident young man with the airy manner swung out from behind the counter of the candy store. His necktie was brilliant, but it was no more noticeable than his air of being perfectly satisfied with himself, his get-up and the way he was doing his work. Calling a snappy bit of repartee over his shoulder to the girl behind the counter, he paraded the length of the shop-rooms door that all candy shops have. A few minutes later he came back, still debonair, carrying a basket of candy in the same disdainful way that a king might carry his crown if the pages had all struck. The candy was carefully arranged, just fresh from the packing room.

But just as the confident young man had almost reached the counter he slipped, stumbled awkwardly, fell headlong among the scattered sweets—and changed immediately into a worried, sulky little boy, calculating with frightened eyes the extent of the damage. The nonchalant air evaporated, the gay necktie was hidden by the drooping chin and it was many a half hour before another clever remark passed those pouting lips.

He is not the first person to trip over his pride in this way. I knew a girl who did much the same thing. She started up the steps of a department store, slowly and easily and, she thought, gracefully. Several people passed her, some running clumsily, some hopping in a grotesque way. "How silly of them to work so hard at it," thought this girl with the sure carriage. "Now, I could go that fast, but I wouldn't look so queer doing it." So she raised her speed a little, but forgot that she was also necessary to raise her feet more—and sprang in an ungraceful, mortified heap all over the stairs!

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